



January, 2025

Next Meeting: January 28, 2025 6 pm

**North Point Church
1779 NE Hostmark St , Poulsbo**

President's Message—Karen Boeve

Happy New Year, and welcome to 2025! For many people, the New Year is a fantastic time to set resolutions and start new habits. I have set some Quilty resolutions for myself, including learning more about Improv quilting and contributing more to our Guilds community charities. I have also set some health goals for myself, or perhaps it would be more accurate to say, my doctor set some health goals for me. However they came about, all my goals together feed my heart, mind and body.

Did you know that volunteering can benefit your health as well? Research has shown that volunteering offers significant health benefits, especially for older adults, including improving both our physical and mental health. For adults, age 60 and over, volunteering provided benefits to physical and mental health. Volunteers report better physical health than non volunteers. Research also has shown that volunteering leads to lower rates of depression and anxiety, especially for people over 65.

Volunteering reduces stress and increases positive, relaxed feelings by releasing dopamine. By spending time in service to others, volunteers report feeling a sense of meaning and appreciation, both given and received, which can have a stress-reducing effect.

Reduced stress further decreases the risk of some physical and mental health problems, such as heart disease, stroke, depression, anxiety and general illness. In addition, people who volunteer have lower mortality rates than those who do not, even when controlling for age, gender and physical health.

So next time I see my doctor, I can share that in addition to his suggestions, quilting and being part of this wonderful guild is contributing to improving my health.

I wish you a happy, healthy New Year and much Quilty happiness!

Guild Contacts

President: Karen Boeve

Secretary: Susi Gaskins

Vice President: Katherine Holtgraves

2025 Quilt Show Chair: Darlene Boggs

Treasurer: Barbara Martin

Newsletter Editor: Marj Deupree

Treasurer Elect: Jan Kohler

Past President: Jeannette Schanbeck

Kitsap Quilters was established to foster and encourage the art of quilting, both in its traditional approach and its contemporary adaptation, to bring together those who love the art form and to share the art form with the community.

KQG Points of Light—Karen Boeve

Darlene Boggs and **Gail Mann** are the January KQG Points of Light.

Darlene and Gail are our Quilt Show Co-Chairs. They share the most challenging and essential role in our Guild.

Darlene volunteered to chair the quilt show after serving as our Quilt Show Cafe Chair. She was truly brave to take that role as a newer member. She is a hands on team leader, no role is too small or large. She also recognizes that all work and no play makes unhappy team members, and she is proactive in balancing work and social interaction at Quilt Show meeting, ensuring there is time to socialize and snack to before the work begins.

Gail volunteered to chair the quilt show and support Darlene and the team. She has extensive Quilt Show experience, she is responsible for putting processes in place that we still utilize today. She provides guidance to the team, and helps keep them focused on reaching their goals. Gail has volunteered for many other programs during her time as a Guild member, bringing her positive attitude and candor spirit to everything she does.

Congratulations and Thanks to both of our KQG Points of Light. They are true innovators and not afraid to take on new challenges.

Remember, anyone can nominate another member to be recognized for their efforts, small or large. Just send an email to Karen with details about why you would like to nominate a member and recognize their efforts to support our guild and community.

December 2024 Kitsap Quilters Guild Minutes—Susi Gaskins

There was no December meeting due to the Christmas Party.

Programs—Luisana Sawyer

Welcome to 2025! Here is the rundown looking forward a few months.

January 2025 – Quilt Show Details. As we were stormed out in November when we normally go over things, the meeting will include a bit on the planning for the show. Bring your show n' tells and see the unveiling of the challenge – Near the Salish Sea.

February 2025 – Quilt show wrap up. Viewers choice awards.

March 25 2025 – Charisma Horton! She will be doing her trunk show and talk about her design journey. March 26, 2025 – Workshop with Charisma – still determining which pattern we will ask her to teach. Take a look at her website. Plan to sign up as an indication of interest in January.

<https://charismascorner.com>

April 2025 – Krista Moser! She's done a trunk show with us before, but we're asking for a workshop as well. More to come.

Quilt Show Volunteer Sign-up—Nancy Mathisrud

Thank you to the folks who have volunteered to help with the quilt show. We still NEED more help. Please review the areas of help still needed.

Wednesday we need help setting up equipment and hanging the blue backgrounds starting at 11 to 3.

Thursday around 8 AM, Betty Wing could use some help setting up the kitchen/café. Please contact her for more information. Betty Wing

Thursday, starting at 10:00 Help is needed to hang quilts. Please sign up, lunch will be served and would be nice to have a count so we will have enough for all the helpers.

Thursday from 1 – 3:00 we could use some help pinning signage on the quilts

Friday help is needed in the following area:

Door Security 3-5 ON 4 DOORS HELP

Front Entry (take money at the door) 9:30 to 11:00

Information 3-5 (work with Carol Michel) answer questions, hand out ballots by the front door

Membership 3-5 Answer questions and sign up new members (Chris Miller)

Saturday HELP IS NEEDED in several areas

Door security 3-5 two people

Front door 9:30-11 one person to take money

Information 1-3 and 3-5 (work with Carol Michel) answer questions, hand out ballots by the front door

Kitchen/café 9:30-11:00; 11:00-1:00; 1:00-3:00; 3-5:00 (Betty Winn) take money for snacks and beverages. Great time to chat with new friends and have fun. Betty is awesome to work with. ☐

Membership 9:30-11:00 (1); 11:00-1:00 (2)

Saturday after 5 take down.

PLEASE SIGN UP. WE NEED LOTS OF HELP. MANY HANDS MAKE LIGHT WORK.

THANK YOU FOR HELPING WITH THE QUILT SHOW.

In-House Quilt—Nancy Mathisrud, Marj Deupree and Mary Jane Efstathiou

The drawing for the latest In-House quilt will be at the January Meeting.

New In-House Quilt Masters needed!!

Nancy and Marj have done it for several years and now it is someone else's turn!

Quilt Drop-Off Information—Keitha Unger

Quilters, please make arrangements to leave your quilts with the Drop-Off Volunteers between Friday, February 7, 2025 and Tuesday, February 11, 2025..

All quilts must be registered and must have a “QUILT ID TAG” issued for the quilt you are delivering. *No quilt will be accepted without it.*

PLEASE NOTE THE FOLLOWING: Any quilt wider than 48” must have a 4” sleeve. Please see the additional instructions on the website.

Quilts up to 94” long will be on the regular standards. Quilts 95” to 97” may be on the regular standards provided the sleeve was put on at least 2” from the top. Otherwise they must be pinned up. Quilts between 96” and 110” wide and 98” to 110” long will be on the larger standards. The ID tag should say “Contact Luisana/Set-up for hanging instructions” for both sets of oversized.

Quilts will be available for pick-up starting Monday, February 17, 2025 at the Drop-Off Points. No quilts will be released at the close of the show.

If there are any questions regarding the Drop-Off or Pick-Up of quilts, please contact Keitha Unger, (home) (Please put “Quilt Show” in the subject line.)

More detailed information can be found on the website.

Drop-Off People 2025

Bainbridge Island:

Gail Mann

Kingston:

Andrea Rudman

Olympic Peninsula:

Vicki Adams

Bremerton:

Lisa Jette

Barb Peterson

Poulsbo:

Amy Constant

Maureen Narimatsu

Nancy Parrott

Lynn Thornton

Keitha Unger

Quilt Drop-Off Information—Continued

Silverdale:

Linda Morton

More detailed information is on the website.

Membership—Chris Miller

As of this writing we currently have 147 members: renewals, past members rejoining, and new members. We have sent out individual emails to all members that have not renewed, reminding them that it is time to renew. For those who have ordered nametags, they will be available for pickup at the January meeting.

Side Note: We did not have a November meeting. December was our Christmas Party. So, I will be delivering 2 copies of the Quiltfolk Washington State issue to Karen McCutchen for our library at the January meeting so that they can be checked out.

Fat Quarter Lottery—Carolyn Nannery

Welcome to this year's FQ Lottery! Bring a fat quarter/or $\frac{1}{4}$ yard to enter the lottery in the color each month. One chance for each FQ you enter. This year we are going to do a year of batiks! For those of you who don't have batiks you can bring a FQ in the color of the month or the theme if posted that month. The months of August and December there will not be a drawing as we have the picnic and Holiday party.

January - Blue batiks/blue fabrics
 February - Pink batiks/Pink fabrics
 March - Green batiks/Green fabrics
 April - Yellow batiks/Yellow fabrics
 May - Purple batiks/Purple fabrics
 June - Red batiks/ Red fabrics
 July - Any color batiks or fabrics
 August- No lottery due to picnic
 September- Brown batiks/brown fabrics
 October - Orange batiks/Orange fabrics
 November - Any color batik and or Holiday fabrics

Sunshine and Shadow—Marvalee Nance

Kitsap Quilters has a Sunshine and Shadow chairperson, Marvalee Nance. If you are aware of someone who might be in need of a card to celebrate something special or a note of sympathy or support, please contact Marvalee. She will send a greeting from Kitsap Quilters to that member to let them know we are thinking about them.

Marvalee can be reached at

Quilt Show—Darlene Boggs

I hope everyone is having a Heathy and Happy start to the New Year. We are drawing closer to our show date, and we have only one more meeting to finalize the plan. Gail and I thought that it would be nice to meet for a luncheon date, so I have reserved the Banquet Room at Denny's Restuarant on 305 just across the highway from Sherry's Cozy Quilts. The day will be on **January 21st at 12 o'clock until 2pm**. Hope to see all the Chairs there. Thank you to everyone that voted for refreshing our road signs. We were able to get better quote on the cost and will be moving forward on having them ready for our show. And please register those Quilts, after all this is what the Show is all about.

Quilt Show Demonstrators Needed—Terry Loy

We know there are lots of talented members that can share some special techniques, or items at our Demo Booth at our February quilt show..... these 30 minute demo sessions can be an opportunity to showcase a method or technique you've recently learned. we need you please consider showcasing your love of quiltmaking .. Friday and Saturday slots are available. Call or email us if you need more information..... Diane Levang and Terry Loy —

Boutique Information—MaryJane Efstathiou and Becky Holt

Are you planning on selling items in the Guild Boutique?

Did you miss the previous training sessions?

Never fear.... Becky and I are here to offer you 2 more opportunities to get trained, make sure all your items are listed correctly and answer any questions you may have.

Please sign up!! It is very important that all your items are labeled correctly.

January 16th at 1 PM OR 6PM. Your choice. Hope to see you on ZOOM using the Saturday log in.

Sew-ins via Zoom—Colleen Lane

Share the camaraderie of sewing with friends from your home!

All Zoom Sew-In's (Saturday and Monday) will use the Saturday Zoom sign in link.....

**MONDAYS— 10 am to ?????
SATURDAYS- 9 am to ?????**

To join the Zoom Meeting, go to the Member's page of the guild website and **use the Saturday link**. If you have any questions, please contact Colleen Lane at

Third Saturday Workshop—Audrey Fitzgerald

We will be starting off the year on **18 January** with Margaret Jones instructing us on how to make a reading pillow. This is the perfect item for kids whether it is kept beside the bed or taken along on camping or car trips. The divided, oversized pocket on the front is designed to hold a flashlight and a book. There is plenty of room on the pocket for focus fabric or whimsical shapes to add to the project's appeal. Margaret will be sharing her Accucutter and selected dies with us and Steam-a-Seam sheets will be offered if you are interested in making your pillow truly unique for one of the little ones in your life. If you are interested and haven't already signed up, please contact me .

Since the quilt show will be in full swing on **15 February**, the workshop has been cancelled.

At the request of attendees at prior 3rd Saturday Workshops, two free sew events will be offered this year. The first is **15 March**. Bring whatever you feel like sewing and just enjoy the company of others. This is a great time for newer members to mingle in a smaller group meet fellow sewers.

On **19 April** Sarah Lewis will lead us through the assembly of a zippered pouch that resembles a small in-box when unzipped. This low slung bag isn't overly tall but opens into a great shape to keep everyday sewing notions, clips, pencils and pens, or anything else that needs to be corralled when running loose. Once you have made one, I bet you could figure out how to adapt the pattern to any size to meet future requirements.

Signups for workshops are in the church lobby during guild meetings. I am close to the door behind the Hospitality table when you first enter the church. If you are not able to sign up for a workshop in person, please contact me to sign up. The workshops run from 10:00 a.m. to 3:00 p.m. at the church and there is a \$5.00 class fee. Supply lists will be emailed out a couple of weeks before the workshop to allow for the gathering of materials.

Please remember that workshops are led by quilters like you who have volunteered to share a project with their fellow guild members. If there is something that you enjoy doing or a favorite project that might be of interest to our group and you would like to share, please contact me. Also, fresh ideas for future workshops are always welcome.

Raffle Quilt—Katherine Holtgraves and Jeanette Schanbeck

We are going to have the raffle quilt up for all of you at the January Meeting. We know that there are members that have not purchased their 10 tickets as of this date. We have **41%** of the membership accounted for.. we hope that after January.. we can get to 60-70%. **The board has asked that each member purchase 10 tickets...** give them away to your friends or keep for yourself. Buy more than 10 and increase your odds. We will have a raffle prize for everyone that buys tickets in January. We are looking forward to having one of our quilt guild members win this beautifully completed raffle quilt.

We are heading to Town and Country on 1/12/25. Stop by and say hello!

February: Cabin Fever Quilt Guild on 2/3/25

Town and Country 2/15/25.

We will keep you updated in the newsletter, where we head each month.

Thank you to everyone who has already purchased their 10 tickets. YOU ARE ROCK STARS.

Spring Retreat—Sarah Lewis

SPRING RETREAT 2025 at SEABECK CONFERENCE CENTER MARCH 10-MARCH 14 (Monday 10:30 a.m. through Friday 1:00 p.m.)

ORGANIZERS: Sarah Lewis, Linda Moran, Jeannette Schanbeck, Katherine Holtgraves, Audrey Fitzgerald, Luisana Sawyer

SIGN UPS: begin Tuesday, January 28 at 5 pm at monthly guild meeting

The Spring Retreat lodging and sewing will be located in the new Pines building at Seabeck. We will have the lower level of the building. The sewing space is large with lots of natural light and there is a nice kitchen. Pines lower level has 10 sleeping rooms with capacity for 18 overnight guests. There are 4 single rooms, 4 double rooms, & 2 triple rooms. Each room has a bathroom and linens (sheets/towels) are provided. **We need to have 14 Full time retreaters to meet our contract obligation.**

COSTS FOR RETREAT:

FULL TIME: \$475—4 nights, 5 days, 13 meals (lunch Mon. through lunch Friday)

DAY USE: Choose your day(s) and optional meals. No overnight.

\$10 a day plus \$10 one time table fee.

Optional meals/day: Breakfast \$10, Lunch \$12, Dinner \$14

- If unable to sign up in person, ask another member to do it for you or contact Sarah
- Seabeck is able to accommodate dietary restrictions-let us know if you need a form to fill out
- A supply list will be emailed to retreaters 2-3 weeks before retreat. We will have a friendship block (optional) and some other fun activities.
- Please bring snacks to share

Do not arrive at retreat before 10:30 on Monday to set up. The organizers need to arrive first. If we arrive too early, Seabeck will fine our group.

If you are feeling unwell, please stay home. We would like to keep our members safe and healthy since we are sewing in close quarters.

At www.seabeck.org you can find directions and the layout of the conference grounds and buildings

If you have any questions, please contact Sarah Lewis at

Snuggles—Nikki Desormier

January, 2025

Volume 45, Issue 1

Hello fellow Quilters,

I would like to discuss our snuggles program.

First, I would like to talk about the different organizations we currently partner with. This year we have five charities that we are working with to provide bundles to vulnerable children.

1. The Navy represents our biggest demand. We make a delivery to them at the end of each year of 150-175 bundles.
2. Washington State Patrol handed out twenty-five bundles during the month of December and are currently asking for more.
3. Olympic Ambulance has sixteen trucks and handles about two children's cases per month. At the beginning of December, we provided them with sixty-four bundles. They will need sixty-four more in February.
4. Easter Seals: Children with Autism (new charity for us): We delivered them thirty-five bundles in December that they would be providing to each child currently in their program. We are currently unsure when they will need more but we agreed they will reach out when they need more bundles.
5. Olympic College Resource Department (new charity for us): They received fifteen bundles before Christmas for their students who are living in RVs and cars with little children. We are currently unsure when they will need more but we agreed they will reach out when they need more bundles.

Second, I would like to discuss what our needs are to meet our current and future demands. A bundle consists of three components. A doll quilt, a stuffie and ribbon.

- If you have never made a doll quilt before it is any quilt between a range of 12"X12" to 18"X18" (Exact size is not critical because stuffie sizes vary as well).
- If you are working on other projects, do not have time to make a doll quilt, but have some orphan blocks that you can donate, that would be helpful.
- If you have the time and desire to make a doll quilt from orphan blocks, please reach out to me and once I (hopefully) get some orphan blocks I can supply those to you.
- Stuffie donations are always appreciated.

I am proud to be a part of a guild with such compassionate and generous members and have total confidence that we will get enough donations to meet our partner charity's needs. I am thrilled to be the chair of this program and am still trying to get my feet under me. There is a post on our Facebook page, made by a guild member who works at Olympic college, showing how thrilled a little girl was to receive her snuggles package. I recommend checking it out if you want to see the joy this program provides to kids in a vulnerable place.

If you have any questions or would like to schedule a donation, please reach out to me directly. I am on the Guild contact list. Thanks,

Small Groups—Karen Boeve

SMALL GROUPS — Small groups are a great way to meet and get to know other guild members that are interested in similar techniques.

Applique / Handwork

First Tuesday each month – 10 to 12:30 at North Point

Join us for a great social time doing handwork and applique

Improv

First Thursday each month – 10 to 1 at North Point

Come join us if you are interested in working and learning with others on improvisational piecing and design.

Dear Jane -- work at your own pace and share with others your version of the Dear Jane quilt originally pieced by Jane Stickle in 1863.

Second Thursday each month 1 – 3 in person at North Point church

Every Thursday except for second each month 1 – 3 Zoom, using Saturday log on

Library—Karen McCutchen

Kaffe Fassett Challenge Quilts - The Big Reveal

After a weather delay in November, it's finally here (really!!). January is the month!! Please bring your finished quilt or quilt top that was inspired by a Kaffe Fassett book. We will have a parade of quilts during our normal Show and Tell time. We'll line up together and tell the audience what book we used and how our quilt is the same or different from the inspiration quilt. I can't wait to see how many of you participated and your amazing quilts!

New Books

A few newly released books were acquired during the black Friday sales! They will be available at the January meeting for checkout. There are a lot of beautiful quilts and inspiration packed into these books! As with all new books, please return within a month so that others may enjoy them as well.

Modern Improv Quilting - Be the Boss of Your Design by Laura Veenema

Zero Waste Quilting by Patty Murphy

Simple Whatnots IV by Kim Diehl



Sherry's Cozy Quilts

Fabric, notions, and all things warm & cozy.

There are three new fabric lines in the shop this month.

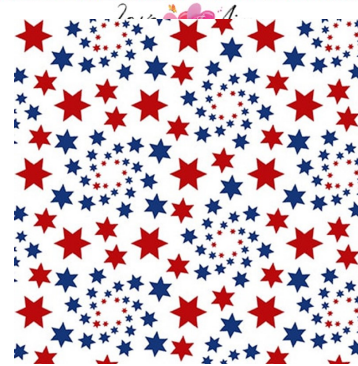
First is Love is in the Air from Clothworks.

It has an adorable panel that can be split apart or used whole



Also in the shop is Liberty from Blank Quilting.

This is just one of the new fabrics in the line.



Lastly is Cobalt Seas from Henry Glass.

It has beautiful soft blues and creams.



Regular business hours:

Wednesday through Saturday 10am-5pm

Sundays 11am-4pm.

We are located at 19735 10th Ave NE, Poulsbo WA 98370.

Phone: 360-930-0572

Look for us on the web at www.sherryscozyquilts.com or on Facebook.

Questions: please email sherryscozyquilts@gmail.com

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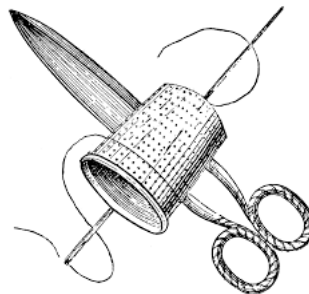
Quilted Strait



**ALL PACIFIC
NORTHWEST
SHOP HOP**

**April & May
2025**

**Get a Collectible Quilt Square from each shop
and be eligible for prizes by visiting all the
shops in any one of several regions.**



Kitsap Quilters welcomes new members throughout the year. You are invited to attend two meetings free, after which membership is required for further attendance. Please visit our website at www.kitsapquilters.com for more information.

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